



# First Aid Box

The Early Years Foundation Stage states that *providers must have a first Aid box with appropriate content to meet the needs of children*

The British Red Cross suggest the following contents:

- Leaflet or manual giving general guidance on first aid
- 20 individually wrapped sterile adhesive dressings (assorted sizes), appropriate to the type of work (dressings may be of a detectable type for food handlers)
- Two sterile eye pads
- Four individually wrapped triangular bandages (preferably sterile)
- Six safety pins
- Six medium sized individually wrapped sterile un-medicated wound dressings (approximately 12cm x 18cm)
- Two large sterile individually wrapped un-medicated wound dressings (approximately 12cm x 12cm)
- One pair of disposable gloves

Some people have concerns about having plasters in their first aid box. The Red Cross recommends that all open wounds be covered to prevent infection. If you have a child who is allergic to plasters then you should clearly mark this on the plaster box. It is good practice to check the skin around a newly applied plaster to ensure an allergic reaction is not taking place, and if you notice any change remove the plaster and seek medical help immediately.

Childminding First Aid Equipment should be stored in a waterproof container that is clearly marked and kept where it is quick and easy to access.

It is a requirement that all registered Childminders complete a 12 hour infant and child resuscitation course every three years. Failure to do so may result in being graded unsatisfactory or suspension.